



2021

EATON CLIPPINGS

2021-2022 School Year Upcoming Events

December 15	K-6 Christmas Concert
December 16	Grades 7-12 Winter Band Performance
December 22-January 4	No School Christmas Break
January 5	School Resumes
January 25-28	Gr. 7-12 Exams
January 31	No School PD Day
February 1	Semester 2 Begins
February 2	Gr. 10-12 Report Cards
February 21-25	February Break
March 11	K-9 Report Cards
March 15&16	Parent Teacher Conferences
March 17	No School PD Day
March 18	No School (in lieu of Parent/Teacher Conferences)
April 14	Gr. 10-12 Report Cards
April 15-22	Easter Holidays
June 11	Grad 2022
June 23-28	June Exams
June 29	PD Day No School
June 30	K-12 Report Cards





From the Students and
Staff at Eaton School

Winter Concerts 2021!

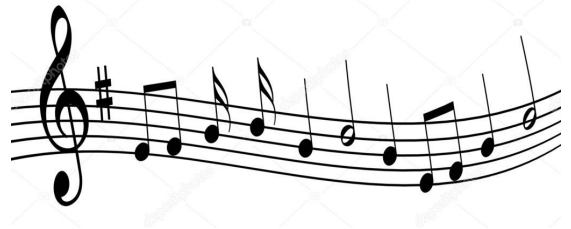
We have been approved to host 2 smaller Winter Concerts this year. For each performance, each *family* is allowed 2 *spectators*. There will be a sign-in table before entering the gym. All spectators must sign-in and wear a mask. There will also be a Live Stream link for all those who will not be able to attend in person. There will be other COVID protocols in place that students will be following to ensure a safe concert.

The Performance nights are as follows (concerts will be approx. 35-45mins):

K-6 Performance is December 15 at 7pm

-Band 5/6 students are to be here at 6:30pm

-K-4 students can come at 6:45pm



7-12 Band Performance is December 16 at 7pm

-All students meet in band room at 6:30pm

**Reminder

All band students must have a white collared shirt with sleeves and buttons, black dress pants, black socks, and black dress shoes.



January 2022 Exam Schedule

	Tuesday January 25th (day 3)	Wednesday January 26th (day 4)	Thursday January 27th (day 5)	Friday January 28th (day 6)
A.M. 9:00 to 11:30	Grade 12 Math Mr. Hoult's Rm	Grade 12 Environmental Science Mr. Hoult's Rm	Grade 12 English Mr. Korchinski's Rm	X
	Grade 11 English Mr. Korchinski's Rm	Grade 11 Environmental Science Mr. Hoult's Room	Grade 11 Math Mr. Hoult's Rm	Grade 9 Math Mr Hoult's Rm
	X	X	Grade 7/8 Social Ms. Whitell's Rm	Grade 7/8 Science Mr. Hayes's Rm
P.M. 1:00 to 3:30	Grade 10 Math Mr Hoult's Rm	Grade 10 English Mr. Korchinski's Rm	Grade 10 Science Mr. Hoult's Rm	X
	X	Grade 9 English Mr. Korchinski's Rm	X	X

Note: There will be no classes for grades 9-12 from January 25-28.

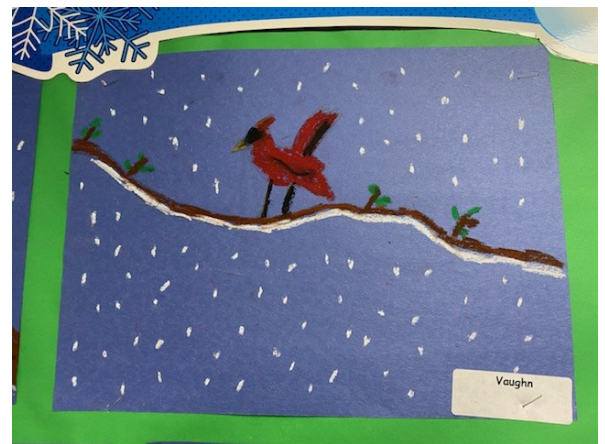
Distance Ed exams, if required, will be scheduled individually and will follow student's course timelines.

Note: Grade 7 & 8 students will have regular classes on January 25 & 26. Their mid-term exams will take place in the mornings of the 27 & 28.

Note: Semester 2 classes begin on February 1st (Day 1) as there is no school for students on Jan 31st as it is a PD Day for Teaching Staff.

Grade 1/2

Grade 1&2 have been sharing their creativity in their pastel cardinals. They used blending techniques to showcase their talents. The class held a fun filled birthday celebration with cupcakes, pin the frog on baby Yoda, draw the present game and a good old round of 7-up. Happy birthday everyone!!



Grade 3/4

It's hard to believe it's December already! We certainly enjoyed the snow day we had, but are appreciating the warm weather. Grade 3/4 have been learning about pushing and pulling forces, and the various needs and wants that people can have. We loved playing Farming with Friends, which was created by Ag in the Classroom. We had a blast participating in the November Spartan Challenge where we needed to create a flag and a slogan. We've also enjoyed being able to practice our basketball skills.



Grade 5/6

Recess Guardians came to our classroom to share games we can introduce to the K-4 students at recess. We look forward to collaborating with each other and sharing our leadership skills. We can't wait for everyone to play splat and safari. Thank you to Kale for coming out!



GSA

It has been a busy month for the Eaton School GSA (Gay-Straight Alliance)! Meetings have been held about once a week in the early morning before class. During the last few weeks, we have been painting a new mural in the high school hallway upstairs. New posters in support of positivity have been posted throughout the school! Additionally, we have been tie-dying some fun new apparel for our team! We are also always welcoming new members, so if you are interested, please speak to Mrs. Nunweiler or another member of the team!



SCC NEWS



- The SCC Annual General Meeting was held on Tuesday, November 23rd. Thank you so much to Melissa Hynd and Deanna Callsen for having been part of the SCC and working to support the students, staff and helping the school make those connections with our community. Welcome to our 2 new members: Mila Baker and Anna Guidinger.
- If you have any questions, would like to be involved in the School Community Council or support its events/activities, please contact any of the following members:

Chair: Amy Knuttila

Vice-Chair: Kim Becker

Treasurer: Nicole Perry

Secretary: Anna Guidinger

Member: Lindsay Larock

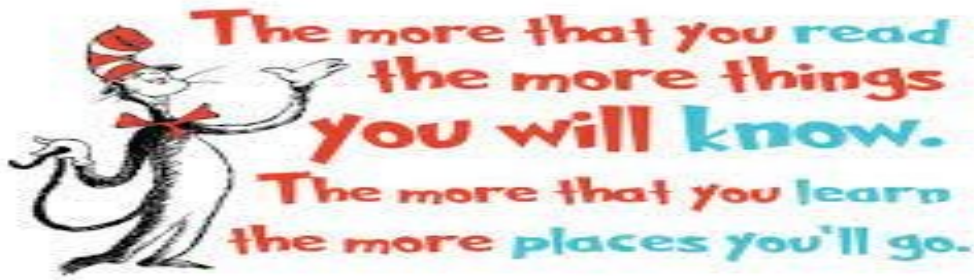
Member: Jerry Fuerstenberg

Member: Mila Baker

Staff Rep: Shelley Follensbee

Sun West Board Member: Michelle Brummond

- Be sure to check out the new SCC Facebook page: <https://www.facebook.com/eatonschoolscc/> (Eaton School Community Council—SCC)
- The Spartan Pumpkin Scavenger Hunt was lots of fun! 24 families participated by scoping out the 10 pumpkins hidden around town to solve the message: GO SPARTANS! Congrats to our winners of 3 prizes (board games and treats): Emerson, Hayden and Luke.
- Students look forward to the monthly Healthy Snack provided by the SCC. The smoothies in November were delicious! Some months, the SCC will sponsor the healthy snack and other times, they will ask for donations; for example, they are asking for donations of a dozen Christmas oranges for Dec 3. Please check the SCC facebook page and watch for requests.
- To support Eaton School's goals (Academic, Engagement and Wellness), the SCC has planned a number of activities and events. Watch for information coming about an SCC Bingo in January and in April, the Reading Challenge Week in February, SCC support of the SRC Winter Carnival Feb 16th, a Family Goose Chase Scavenger Hunt in May, building a Mental Health Resource for parents, and more.
- The SCC passed a motion to purchase a gymny/ball hoop for the playground.
- SCC Centennial Cookbooks are still available! With Christmas coming, they make great gifts. Copies (\$20 each) can be picked up at Eaton School, the Town Office, Bredy's and the Co-op.



The "Outdoor library" built by Devon Coles and installed in the Outdoor Classroom by Mr. Follensbee is in operation!

Be sure to check out the books—leave a book, borrow a book!

Everyone in the community is welcome to make use this little free library.

Thanks to Devon Coles Gallery for creating this gem!

It's absolutely perfect!





Ultimate Spartan Challenges



These challenges are developed by the grade 7-9 Mentorship classes. The goal is to ignite school spirit and learn about character. Challenges can be artistic, STEM-oriented, or even just for fun. Highlights include; Head, Shoulders, knees and Toes challenge, decorate a paper staff, toilet paper wear, build a cup tower, and decorate a flag. The first of these challenges took place Nov 22-26.

THANK YOU!

Nutrien™ **Eatonia**

The Nutrien Eatonia office has generously made a \$3000 donation to Eaton School.

The students and staff are very grateful for their support.

2021-2022 BASKETBALL PRACTICE SCHEDULE					
	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
3:30-5:00	Midget Co-ed	Junior Girls	Senior Boys	Junior Boys	
5:00-7:00	Senior Boys	Junior Boys		Junior Girls	
7:00-9:00		Senior Girls		Senior Girls	

Spartan Salutes & Cellies

- Eaton's 0.5 EA position was filled by Nicole Perry. Welcome to the Eaton Team, Mrs. Perry!
- That's a wrap on football and volleyball seasons—students were thrilled to hit the court or the field and play competitively! Thank you to all coaches for the many, many hours you dedicate to sport for our students. A shout out to the parents for driving to away games and to the fans who always cheer on our athletes and show that Spartan Pride.
- To everyone who pitched in to make Sr Girls volleyball conferences run smoothly—thank you! The feedback from other teams was very positive!
- We have already begun gearing up for Basketball—Midget Co-Ed (Gr 3-6) coached by Amanda Longmuir & Shelley Follensbee, Junior Girls (Gr 7-9) coached by Diedra Whitell and Randi Somerville, Jr Boys & Sr Boys coached by Michael Hoult, and Sr Girls (Gr 10-12) in third year of a co-op with Leader will be coached by Elana Somerville, Cora Laich and Lisa King.
- Students are actively involved in Drama, GSA, SRC, Yearbook and Cooking Club this year. Much appreciation to supervisors/leaders: Cindy Facca, Julie Nunweiler, Diedra Whitell, Shaye Bauml, Megan Chabot, Michael Hoult, David Korchinski.
- Lots of positive feedback from community members who thoroughly enjoyed the outdoor Halloween costume parade!
- The Book Fair was a great success. We received over \$1200 in free books for the library from sales. You rocked it, Miss Radies!
- Gr 1-12 Report Cards went out Nov 10. Student-Parent-Teacher Conferences were held before report cards went home and this was well-received. In fact we had 98 or 99% attendance which is incredible! It was so nice to welcome parents back into our building.
- Kindergarten E.Y.E. Assessments are done and results were shared with parents on Nov 25 & 29 at the Kindergarten Conferences.
- SRC is actively planning school spirit days to promote engagement and fundraisers for their designated charity, S.T.A.R.S.
- School pictures with LifeTouch Photography were taken this fall. Graduates also had their Cap & Gown pictures taken this past month to celebrate their upcoming Graduation!
- Students in Gr 7-12 completed an Addictions Survey in October. Waiting for the results to be shared with us.
- Eaton's decentralized budget was approved by the SCC then sent on to the Division Office which has since approved the budget for this year.
- Gr 5/6 class are being trained on the Recess Guardians program to promote inclusion and activity on the playground.
- Driver's Ed classes ran from Nov 1-23. Students will be doing drives with Mr. Ditson in the new year.
- Kudos to our students and staff who made our Remembrance Day Service a special one, despite it being virtual.
- K-12 students were surveyed. 94% of our students have identified least 1 adult Eaton Staff Advocate! This is so incredible and speaks to the strong relationships students have formed with staff.
- Grade 4-12 students, Eaton Parents and Teachers completed the OurSchool Survey this past month. Thank you so much for your input!
- The first of the Ultimate Spartan Challenges took place the last week of November. The Mentorship 9 class designed a Goose Chase activity and challenged each classroom to design a class flag! Fantastic collaboration and engagement, Spartans! Looking forward to the next challenge!



A huge **SPARTAN SHOUT-OUT** to the sponsor of new
Senior Girls Volleyball & Basketball jerseys

NUTRIEN-EATONIA



THANK YOU!!!

December



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 Compliment yourself	2 Listen to a podcast	3 Self check-in: What do you need?	4
5 Journal prompt: What do I love about myself?	6 Meditate	7 Read a book for fun	8 Try to go all day without negative self-talk	9 Drink water	10 Go for a walk	11 Write out 3 affirmations
12 Dance (even if you feel silly!)	13 Get 8 hours of sleep	14 Celebrate every win today (no matter how big or small!)	15 Stretch	16 Write down 5 things you're grateful for	17 Journal prompt: What is holding me back right now?	18 Make your bed
19 Watch a TED talk	20 Compliment someone	21 Journal prompt: When am I the happiest?	22 Drink water	23 Go around your neighbourhood and look at Christmas lights	24 Do something that makes you smile	25 Watch your favourite movie
26 Check in on a friend	27 Play a game	28 Try a new recipe	29 Thank someone	30 Make a craft/ DIY	31 Write down all of your wins from 2021	

#Mentalwellness30

December



DLC

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

#Mentalwellness30

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DLC

Mental Wellness Supports in Saskatchewan

IF YOU ARE IN IMMEDIATE DANGER CALL 911!

Crisis services Canada / suicide prevention and support
1 (833) 456-4566

Crisis suicide helpline - 1 (306) 525-5333

Indian residential school survivors society - 1 (800) 721-0066

First Nations and Inuit hope for wellness helpline - 1 (855) 242-3310

Kids help phone - 1 (800) 668-6868
Text connect to 686868

Child abuse line - 1 (306) 569-2724

Mobile crisis services - 1 (306) 757-0127

Mobile Crisis Counselling - 1 (306) 525-5333

Problem gambling helpline - 1 (800) 306-6789

Assaulted women's helpline - 1 (866) 863-0511

Sexual assault crisis line - 1 (306) 244-2224

Pregnancy crisis line - 1 (306) 446-4440

Trans lifeline (transgender helpline) - 1 (877) 330-6366

Saskatchewan farm stress line - 1 (800) 667-4442

Muslim women's helpline - 1 (888) 315-6472

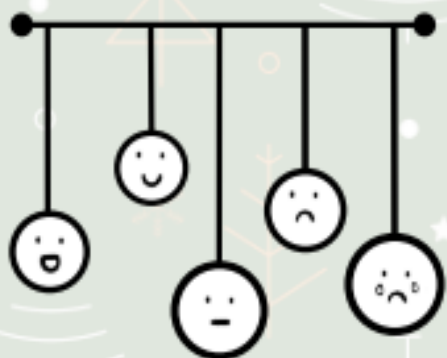
Canadian human trafficking hotline - 1 (833) 900-1010

Saskatchewan health line - 811

Veterans hotline - 1 (800) 268-7708

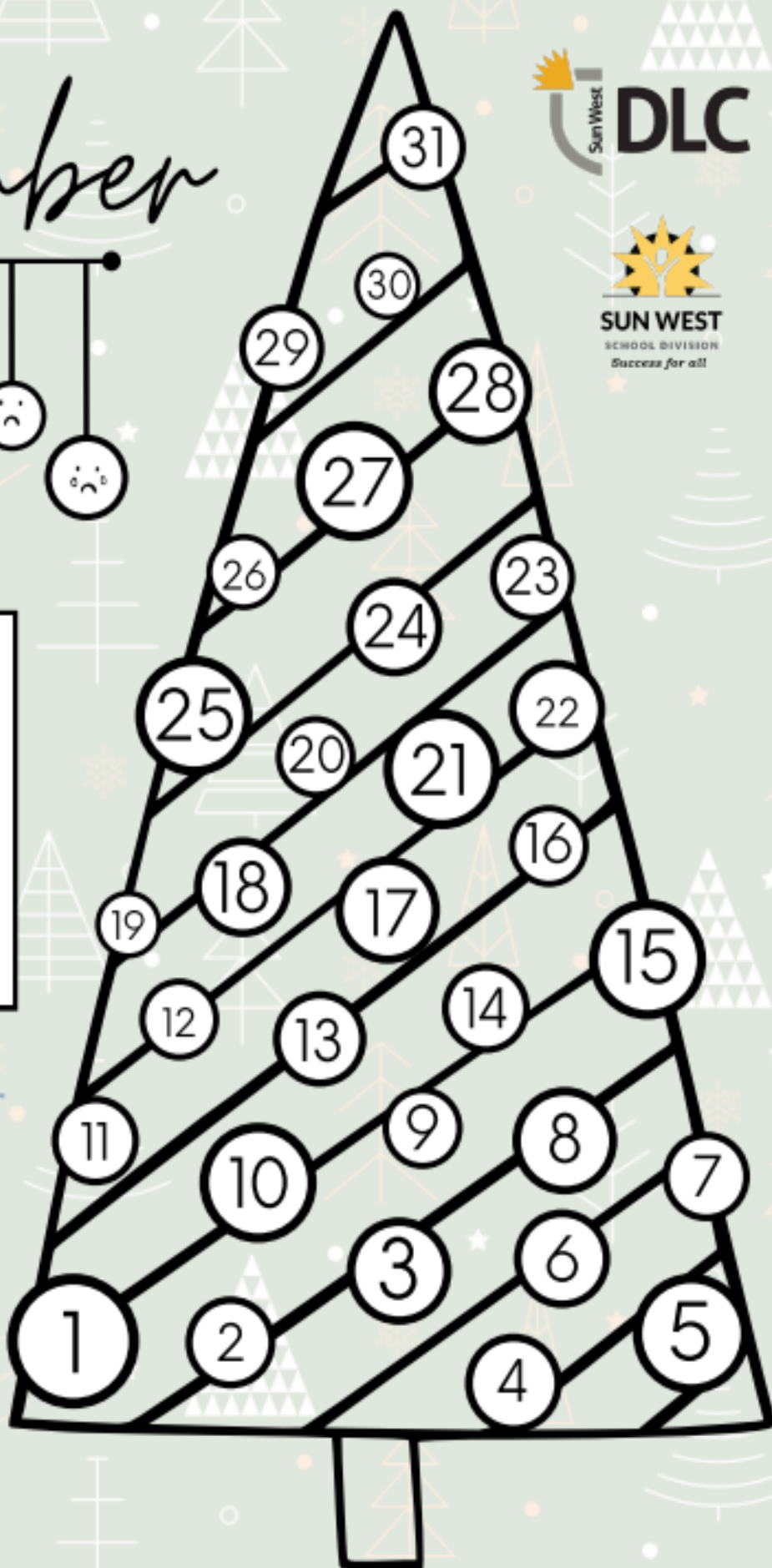
#Mentalwellness30

December



"Positive vibes only" isn't a thing. Human's have a wide range of emotions and that's OK."

- Molly Bahr



JANUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Write an affirmation and hang it somewhere you'll see it every day
2 Declutter a space you use	3 Build a snowman	4 Journal prompt: What can you forgive yourself for?	5 Drink water	6 Identify your stress triggers	7 Do a random act of kindness	8 Have a hot drink
9 Do something you've been avoiding	10 Colour a picture	11 Try something new	12 Do a deep breathing exercise	13 Stretch	14 No social media day	15 Have a lazy day
16 Journal prompt: What are 5 of my strengths?	17 Wear something you feel good in	18 Compliment yourself	19 Try yoga	20 Write yourself a thank you letter	21 Make your favourite meal/snack	22 Self check-in: What do you need today?
23 Write 10 things you're grateful for	24 Try a new exercise	25 Smile at everyone you see	26 Listen to your favourite song	27 Try a brain dump	28 Journal prompt: What is a mistake that helped you grow?	29 Try to go all day without complaining
30 Delete any unused apps	31 Journal prompt: What impact do I want to have on this world?					

#Mentalwellness30

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RBC Foundation

JANUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

#Mentalwellness30

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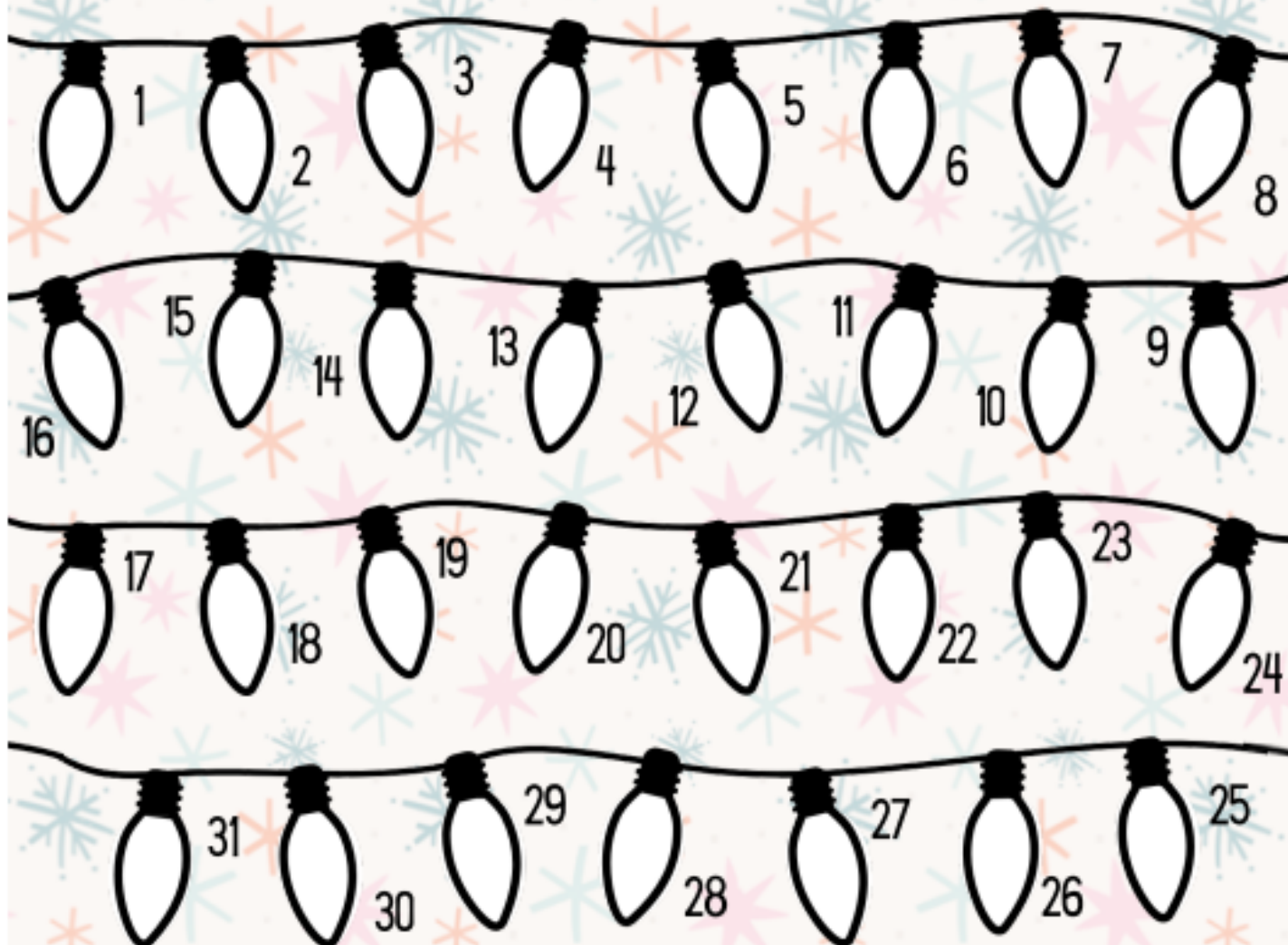


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First Nations And Inuit Hope For Wellness Helpline - 1 (855) 242-3310	Trans Lifeline (Transgender Helpline) - 1 (877) 330-6366
Kids Help Phone - 1 (800) 668-6868 Text Connect To 686868	Saskatchewan Farm Stress Line - 1 (800) 667-4442
Child Abuse Line - 1 (306) 569-2724	Muslim Women's Helpline - 1 (888) 315-6472
Mobile Crisis Services - 1 (306) 757-0127	Canadian Human Trafficking Hotline - 1 (833) 900-1010
Mobile Crisis Counselling - 1 (306) 525-5333	Saskatchewan Health Line - 811
Problem Gambling Helpline - 1 (800) 306-6789	Veterans Hotline - 1 (800) 268-7708

JANUARY



YOU DON'T HAVE TO BE POSITIVE ALL THE TIME. IT'S PERFECTLY
OKAY TO FEEL SAD, ANGRY, ANNOYED, FRUSTRATED, SCARED AND
ANXIOUS. HAVING FEELINGS DOESN'T MAKE YOU A NEGATIVE
PERSON. IT MAKES YOU HUMAN.

- LORI DESCHENE



Holiday Self-Care Checklist Challenge

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Activity	#Mentalwellness30	Date Completed
Self check-in: What do you need today?		
Write an affirmation and hang it somewhere you'll see it everyday		
Try to go all day without any negative self-talk		
Journal prompt: What is holding me back right now?		
Watch your favourite movie		
Dance (even if you feel silly!)		
Watch a TED talk		
Make a craft/DIY		
Write down all of your wins from 2021		
Check in on a friend		
Compliment yourself & someone else		
Stretch		
Journal prompt: What is a mistake that helped you grow?		
Build a snowman		
Identify your stress triggers		
Try yoga		
Journal prompt: What can you forgive yourself for?		
Write 10 things you're grateful for		
Delete any unused apps		
Do a random act of kindness		
Do something you've been avoiding		
Write yourself a thank you letter		
Make your favourite meal		
Wear something that makes you feel good		
Celebrate every win today (no matter how big or small!)		
Do something that makes you smile		
Go for a walk		
Listen to a podcast		