



EATONIA NEWS BULLETIN

MARCH 2010

EATONIA NEWS BULLETIN

Published by the TOWN OF EATONIA

Rates:

Classified	\$5
1/8 Page	\$17
1/4 Page	\$30
1/2 Page	\$47
Full Page	\$86

Deadline for submissions is the 22nd of each month.

Non-Profit Organizations

1/8 Page	\$9
1/4 Page	\$16
1/2 Page	\$22
Full Page	\$41

Please provide payment with your ad.

Ph: 967-2251 Fax: 967-2267

Email: melanie.eatonia@yourlink.ca

Anonymous items will not be published.

Would you like to receive the News Bulletin by email? Please send your request to melanie.eatonia@yourlink.ca Microsoft Word Required.



EATONIA, SK

HARDWARE

Leo Pelletier – Farm Supply Manager

8am – 5:30pm Monday – Friday

8:30am – 5:30pm Saturday

217 Railway Ave East Ph: 967-2422 Fax: 967-2477

GROCERY

Denise Pelletier – Grocery Store Manager

Monday to Saturday 9am – 5:30pm

212 Main Street Ph: 967-2411 Fax: 967-2279

MARCH REC NEWS

At the Arena:

Saturday March 6

Pee wee Boys Tournament

Sunday March 7

Atom Girls Tournament

March 12, 13, 14 3 on 3 Rec Hockey

Tournament

Admission: Silver Collection

Progressive 50/50

Friday

*Pub Night starting at 5pm in the Arena Kitchen

Lobby

*Team Draft & Calcutta

*Skills Test

Saturday

*Games begin at 10am

*Beer Gardens & Concession

Sunday

*Finals Begin at 11am

*Beer Gardens & Concession

Watch for more games and tournaments to come in March.

Eatonia Minor Hockey Banquet is set for Wednesday March 31—more information to come.

A huge thanks to everyone that has been helping out at the rink, it has been busier than usual requiring extra work and shifts and our volunteers and community members have once again stepped up and made it work. THANKS!

Minor Ball:

Minor Ball registration deadline is Tuesday April 13.

Please register on or before this date. Forms will be sent home through the school. Please contact the Rec Office if you are interested in coaching or helping.

Swimming Pool:

We are now accepting applications for lifeguard positions at the Eatonias Swimming Pool. Please submit resume with a copy of your qualifications by April 22. Resumes can be dropped off at the rec office, emailed, faxed or mailed.

Those who aren't yet certified to lifeguard but are planning to be can still apply. Please list course dates that you are registered for or plan on taking.

If you would like a list of upcoming courses or more information please contact the rec office.

Summer Playground Program:

The Eatonias Recreation Board is looking for 2 or 3 motivated and dependable individuals that enjoy





EATONIA NEWS BULLETIN

MARCH 2010

working with children to coordinate and supervise the summer playground program. Employment is one or two days a week through July and August. Please submit resume by April 22. Resumes can be dropped off at the rec office, emailed, faxed or mailed.

Red Cross Babysitting Course: We will be offering the Red Cross Babysitting Course on Wednesday March 24 (no school-interview day). Forms will be sent home through the school or contact the rec office for more information.

Thanks:

The Eatonia Recreation Board would like to thank the Eatonia Lions Club for purchasing the Defibrillator for the Arena and Pool.

Watch for upcoming CPR/AED training coming to Eatonia.

KidSport™: KidSport™ is a children's charity designed to help children of families facing financial obstacles to participate in sport. The KidSport™ goal is to provide these children with the opportunity to achieve physical, social, intellectual and moral development through participation in sport.

For more information contact the Eatonia KidSport™ Committee, Nicole at 967-2557.

Proceeds from the sale of Saskatchewan Lotteries products such as Lotto 6/49, Western 6/49, and Scratch & Win are placed in the Saskatchewan Lotteries Trust Fund. Grants from this fund are used to support more than 12,000 sport, culture, recreation and community groups in the province. Community groups in Eatonia receive funding from the Saskatchewan Lotteries Grant Program.

Eatonia Recreation Office
Box 405 Eatonia, SK S0L 0Y0
Phone: 967-2557 Fax: 967-2220
Email: eatoniarec@yourlink.ca

Daffodils:

Buying daffodils from the Canadian Cancer Society will help fund Public Education, Patient Services, and Cancer Research.

Help support the fight against cancer and brighten your day by purchasing daffodils.

\$6.00 for a bundle of 10

Place your order by March 16 by contacting Nicole at the Rec office.

Daffodils are expected to arrive the week of March 22.

The Canadian Cancer Society thanks you for your support.

TEA & TASSEL ON 1ST

Opens...

March 3rd, 2010

Wednesdays – Saturdays

11am – 5pm

~Homemade Soup, Bread,

Cinnamon Buns, Cheesecakes~

Angels ~ Dolls ~ Candles ~ Jewelry ~ Pillows

Linens & Lace ~ Gourmet ~ Quilts, Lamps & Needlework

Tree Decorations ~ Purses ~ Antiques

~Storewide Sale up to 50% off!~

111 – 1st Ave. West

Eatonia, SK

967-2822

Proprietor – Donna Lothammer



Wednesday, March 17, 2010

St. Patrick's Day Stew Supper

at the Community Hall

5 – 7 pm

Adults \$10

Children under 12 \$5

Preschool Free



- ❖ Come for Homemade Stew & Dumplings, Fresh Bread & Knefla
- ❖ Try your "Luck" at Bingo 7:30 pm at Eatonia Oasis Living





EATONIA NEWS BULLETIN

MARCH 2010

Screening Project:

Thank you to the following for donations:

Dale Gill (Leader)

Craney Farms

Kevin Lee

D&B Hoffman & Sons Farms

M&L McGrath & Son Farms

Classifieds:

Thank you to friends, neighbours, and the surrounding communities for the caring support, phone calls, cards, flowers, gifts of food, and cash donations in memory of Ruth Weyer at the time of her passing.

*Jerry Weyer, Deanna McNeil,
Gordon Weyer and Families.*

The Heritage Board would welcome family histories and photo albums for the archive section at the station. Also needed are local history books for Leader, Prelate, Burstall and Pinkham.

Please contact Bill Wardill 967-2217.



Gail Morgan

967-2669

460-7811

gg.morgan@yourlink.ca

Eatonia Oasis Living

February 2010

February's foggy days have flown by at E.O.L and we are all starting to look forward to more spring weather. To re-cap this months events: the Residents took part in an outing to the Eatonia Community Hall where they watched the dress rehearsal for the Eatonia Dinner Theatre put on by the "Oasis Players". This year the play was a comedy called "Death by Chocolate." The Residents had a really good time, and sure had a lot of laughs!

In honor of Valentine's Day the Resident's were treated to a musical afternoon with guitar and singing by the Granddaughters of Laviah Hayes. They also had fun doing craft days with Marie Smith, and created "stain glass window" heart decorations for their room windows. E.O.L received hand-made Valentines in the mail from various elementary schools across Canada. They were made to honor our Veterans and thank them for fighting for our country.

Thank you to the Eatonia Auxiliary for hosting the February birthday party in conjunction with Bingo night. This month we celebrated Fran Craney's birthday (February 26th). On February 22nd we were pleased to welcome two new residents to Eatonia Oasis Living. Rose and Ignatz (who goes by the name Nels) Erker from Macklin, Saskatchewan. With February coming to a close we have a total of 23 residents. This year we have also welcomed new staff to our E.O.L team; Don Punter as casual in the maintenance department and Becky Hiebert also casual as a Care Aide.

February's activity schedule was packed full of fun! This month the Residents participated in a very exciting Shuffle Board Tournament, Bean Bag Toss, and many rounds of Wii Bowling. We also had two "Movie with Popcorn and Cheezies" afternoons to conclude watching the Anne of Green Gables series which was a big highlight for our ladies. We also had our daily exercise class, morning work-bee, and the weekly church services all with good attendance.

The residents always enjoy having visitors, and they love seeing your children and pets! If anyone would like to drop in and spend even just a few minutes visiting, having a coffee with, or participating in an activity, our residents would love it! Please call Heather at 967-2447 to set up a time, or just drop on by. E.O.L has an electric bed for re-sale. Anyone interested in purchasing it please call Krista at 967-2447.

Donations received throughout the month of February:

Thank you for all the donations received!!!

(If we have missed, or misspelled your name, please accept our apology.)

Catering Committee – 6 bags of frozen veggies / large bag of lettuce

Mo Scott – Baking

Pat Tilbert – Baking

Heather Bews – Baking and Cheezies

Kim Punter – 2010 calendars





EATONIA NEWS BULLETIN

MARCH 2010

*Advice
for Life*

STUECK PHARMACY

LEADER

967-2511

DELIVERY TO EATONIA

MONDAY – FRIDAY

EXCLUDING HOLIDAYS

Rx PharmaChoice

To Convene or not to Convene...

Happy New Year everyone, a decade into the new millennium, 10 years after opening the doors to our new community hall! Many milestones have been reached in this new facility, and still a sense of great pride exists in the hearts of most community members over it and it's many successes. Mantario, Laporte, Eatonia and the surrounding area dared to dream of the possibility of designing and building a beautiful community hall, with a few extra touches and attention to details.. WOW, no ordinary hall, but one to be proud of for years to come. Our Challenge was to pay for it, operate it, and maintain it and keep it in use. So far so good. All those goals have been met, thanks to so many volunteers.

One very integral part of operating a successful and prosperous facility like this, is the existence of a catering committee comprised of volunteers. Thank God for the visionary people who are not afraid to step out and up and begin the grueling process of instilling the vision, enlisting the workers, organizing every aspect of what it takes to operate as a non profit organization and be effective. We can all

thank Marlene Becker for so willingly doing just that, with enthusiasm and a heart of gold, this lady firmly established a Eatonia Catering Committee. She would be the first to say she couldn't do it alone, and though she incorporated the help of many capable and willing people, to organize and work along side of her, it still took a leader. It always does take a leader to get big things done. Humble ones are sometimes so hard to find...thanks Marlene for being one. I know there are many others we could thank for stepping up and fill in where they are needed, but I dare not start, in case I forget one of you. Thank you all.

This committee has assisted in paying off the initial debt of building, has continued to donate funds back to the community, keeps the funds flowing, while equipping one of the most impressive hall kitchens, anywhere. Our challenge now is to continue without burning out any of our members. So that's where you come in. If you are wondering how you can help, you can enlist as a volunteer, or better still as a convener. This is the person who would head up the planning of a meal to be prepared for an event taking place at the hall. Don't worry , you will have someone to work along side of you, so you can share the load. With the right attitude of cooperation and humility, you'll be amazed how many will help you. If you feel like you'd like to help, or at least be willing to give it a try, be encouraged to call one of the following ladies:

Judy Humeny 967-2346
Racheal Wright 967-2905
Brenda Hoffman 967-2718
Lorrie Cooke 967-2810
Bunny Aldridge 967-2595
Darlene Olson 967-2582
Shannon Lothammer 967-2340
Debbie Kroeker 967-2506

Thanks for reading this and for supporting and helping the Eatonia Catering Committee in any way. Without your help we could not succeed in,

**Yours truly,
The Eatonia Catering Committee**





EATONIA NEWS BULLETIN

MARCH 2010

TOWN OF EATONIA NEWS

4% Discount for Tax Prepayment if paid Mar. 1 - 31, 2010 (based on 2009 Levy).

3% Discount for Tax Prepayment if paid Apr. 1 - 30, 2010 (based on 2009 Levy).

Garbage Dump Hours

Mon, Weds, Fri 1- 6 pm.

Tues, Thurs, Sat 9 am - 12 noon

Closed Sundays and Stat Holidays

Pam Wake – Bylaw Enforcement Officer

Please contact her with your concerns 460-8908. If Pam does not answer, please leave a message and she will get back to you as soon as possible.

Do you require Field Sheets for Property Assessment Information? Please see SAMAView at www.sama.sk.ca. Click on the SAMAView logo to begin.

SUMMER STUDENT REQUIRED by the Town of Eatonia

to work in the Public Works Department to cut grass, tend to flowers and trees, pick garbage and other miscellaneous duties.

The position starts approximately
May 3, 2010

For more information on this position,
contact the town office at 967-2251

Applications can be sent to:

Town of Eatonia

Box 237 Eatonia, SK S0L 0Y0

Fax to 967-2267

Email to eatonia@yourlink.ca

**Applications must be received at the
Town Office**

by 5:00 p.m. April 12, 2010

**For the Highway Hotline Link
please see the Town Website**

www.townofeatonia.com

COMMUNITY BIRTHDAY CALENDARS

AVAILABLE FOR PICK UP
WEDNESDAY, MARCH 17, 2010

EATONIA COMMUNITY HALL

5:00 P.M. – 7:00 P.M.

\$10.00 EACH

IN CONJUNCTION WITH THE
ST. PATRICK'S DAY STEW SUPPER
IF UNABLE TO PICK UP ON THIS DAY,
THEY WILL AVAILABLE FOR PICK UP
AT THE TOWN OFFICE

**THANK YOU TO EVERYONE WHO
SUPPORTED THIS FUNDRAISER FOR THE
MANTARIO LIONS CLUB
AND THE
PRAIRIE OASIS FITNESS CLUB**



Another *Oasis Players Production*, another great success due to the help and commitment of many community members! We would like to take this opportunity to thank the patrons for their continued support of the dinner theatre. All proceeds from the event go directly back to Eatonia organizations to enhance the Arts and support the many community projects that make this town so great! There are also many "behind the scenes" contributors to the performance who deserve thanks and recognition. Thank you to...

- Director, Lenore Bailey
- Set window display designer, Melanie Rudy
- Treasurer, Krista Stevens
- Musicians, Richard and Julie Nunweiler, Doug Bailey, as well as the Saturday night performers
- All who loaned furniture and did construction on the set
- MaryAnn Rosher for costume alterations
- Naglar Nails for a complimentary manicure
- Ann Reinhardt for hosting workshop personnel
- Community Catering Committee and volunteers for another delicious meal
- The bar organizers as well as the servers and bartenders
- Eaton School students for acting as hosts
- The cast and crew (lighting, sound, prompters, hair and make up) as well as their families





EATONIA NEWS BULLETIN

MARCH 2010



- Those who assisted with ticket sales, set-up, clean up and everything in between too numerous to mention to make the evening a huge success!
THANK YOU!

Heartland Health Region Eatonville Health Center

205 2nd Avenue West, Eatonville, Sk. S0L 0Y0,
Telephone (306) 967-2591 Fax (306) 967-2373

Diabetes and You: Risk Factors and Symptoms

More than three million Canadians have diabetes. There are 3 main types of diabetes:

Type 1: Usually diagnosed in children and adolescents, occurs when the pancreas is unable to produce insulin.

Type 2: Usually develops in adulthood, occurs when the pancreas does not produce enough insulin or when the body does not effectively use the insulin that is produced.

Gestational Diabetes: Is a temporary condition that occurs during pregnancy, and affects approximately 2-4% of all pregnancies, and involves a serious increased risk of developing diabetes for both the mother and child.

Is diabetes serious?

If diabetes is left untreated or improperly managed, it can result in a variety of complications such as: heart disease, kidney disease, eye disease and nerve damage.

What are the risk factors for diabetes?

If you are 40 years or older, you are at risk for developing type 2 diabetes, and should be tested at least every 3 years (according to the Canadian Diabetes Association). Being overweight can affect developing type 2 diabetes, as well as having a parent or sibling with diabetes, health complications that are associated with diabetes, have had gestational diabetes, high blood pressure, or high cholesterol or other fats in the blood.

What are the symptoms of diabetes?

Signs and symptoms can include: unusual thirst, frequent urination, weight gain or loss, extreme fatigue or lack of energy, blurred vision, frequent or recurring

infections, cuts and bruises that are slow to heal, or tingling or numbness in the hands or feet. However, many people who have type 2 diabetes may display no symptoms.

Is diabetes preventable?

Some scientists believe that lifestyle changes can prevent or delay the onset of type 2 diabetes. Healthy meal plans, weight control and physical activity are important prevention steps.

How is diabetes treated?

People with diabetes can lead active, independent lives if they can make a lifelong commitment to careful diabetes management, such as being well educated on their condition. Participating in regular physical activity will also help your body lower blood glucose levels, promote weight loss, reduce stress, and enhance your overall fitness. Pay close attention to nutrition in order to help regulate blood glucose levels.

Medication also plays an important role, as type 1 diabetes is always treated with insulin. Type 2 diabetes is managed through physical activity, meal planning, and may require medications or insulin to assist your body in controlling blood glucose levels more effectively. People with diabetes should also aim to maintain a blood pressure level at or below 130/80. To do this, you may need to change your eating and physical activity level.

For more information on diabetes, please visit the Canadian Diabetes Association at www.diabetes.ca.

TIME FOR CHANGE

time to Take Off Pounds Sensibly

- Weight-loss success
- Caring support & encouragement
- Individual food & exercise plans
- Expert Advice
- Nonprofit, low-cost program

Join us for a free (no obligation)

TOPS meeting

When: Wednesdays, 6pm

Where: Corcoran Place Solarium

More info: Cora 967-2299





EATONIA NEWS BULLETIN

MARCH 2010

It's My time...It's Time for TOPS!

TOWN OF EATONIA STUDENT AWARD

In an effort to support and recognize the youth in our community, the Town of Eatonia is bestowing an award to a deserving student of Eaton School. This award will be given to an individual who has made an outstanding contribution to enhance the quality of life for the citizens of the Town.

Eligibility Requirements:

1. Must currently attend grade 10, 11 or 12 at Eaton High School
2. Must have demonstrated various volunteer involvement throughout the community.
3. Must demonstrate good work ethic, be in good academic standing and present an overall willingness to assist others.

The successful nominee will be given an award of \$200 which will be presented at Color Night 2010.

To make a nomination please pick up an application form at the Town Office.

**For the Currency Conversion link
please see the Town Website
www.townofeatonia.com**

Eatonia & District Health Care Foundation
is looking for

HANDI VAN DRIVER(S)

For trips to Kindersley on the 1st and 3rd Monday
of the Every Month
and

for booked trips throughout the year
(upon availability of driver and bus)

Driver's Abstract Required.

Upon Board Approval Cost of Driver's Abstract
will be Reimbursed.

Honorarium Paid at the End of the Year

For more information or if interested stop by the
town office
or contact Cheryl at

967-2251 (work)
or
967-2846 (home)

DAWN OF A NEW DAY

The **Drug and Alcohol Awareness Wellness Network (DAWN)** assists communities in building capacity to identify the harms associated with drug and alcohol use and assists communities in their efforts to affect positive change.

The Drug and Alcohol Awareness Wellness Network (DAWN) is a team committed to helping reduce the use of drugs and alcohol in our community. Members come from diverse backgrounds - justice, ministry, health, education, sports and recreation, and concerned citizens. Members of the DAWN team are people just like you who want their communities to be healthy, safe and supportive.

We all share a common belief that by working together, we can make positive differences in our community.

The council of the Town of Eatonia would like to start a DAWN committee in Eatonia.

There will be an information meeting for anyone interested in joining this team:

Tuesday, March 30, 2010

7:00 p.m. in the

Eatonia Town Council Chambers.

Please RSVP by Friday, March 26, 2010 if you are interested in attending.

For more information on DAWN please stop by or contact the town office at 967-2251.





EATONIA NEWS BULLETIN

MARCH 2010

For the Time Zone Conversion link
please see the Town Website

www.townofeatonia.com

SALE BY TENDER

The Town of Eatonia offers for sale the following
residential property:

Lot 15 Block 1 Plan BB4511
112 - 1st Avenue West, Eatonia
Property includes 924 sq. ft. mobile home (1978)
with two additions.

For more information or to view this property,
please contact the town office at 306-967-2251
A tender must be submitted in a sealed envelope
marked "**Property Tender**" addressed to the:

Town of Eatonia
Box 237 Eatonia, SK S0L 0Y0

Tenders must be received at the town office by
5:00 p.m. on March 9, 2010

Highest, or any tender, not necessarily accepted.
Dated the 15th day of February, 2010

For pictures of this property please see
www.townofeatonia.com Real Estate Page



* What do you get if you cross poison ivy with
a four-leaf clover??

A rash of good luck!

* What would you get if you crossed a
leprechaun with a Texan?

A pot of chilli at the end of the rainbow!

* What would you get if you crossed a
leprechaun with a frog?

A little green man with a croak of gold!

* Why can't you borrow money from a
leprechaun?

Because they're always a little short.

* Did you hear about the leprechaun who
worked at the diner?

He was a short-order cook!

* Why did the leprechaun stand on the potato?

To keep from falling in the stew!

* Do leprechauns make good secretaries?

Sure, they're great at shorthand!

* How did the leprechaun beat the Irishman to
the pot of gold?

He took a shortcut!

* What do leprechauns love to barbecue?

Short ribs!

* Why are leprechauns so hard to get along
with?

Because they're very short-tempered!

* What baseball position do leprechauns usually
play?

Shortstop!

* What do you get when two leprechauns have
a conversation?

A lot of small talk!

* What does a leprechaun call a happy man
wearing green?





EATONIA NEWS BULLETIN

MARCH 2010

A Jolly Green Giant

