#### Volume 39 Issue 4



# 2020

# 2020-2021 School Year

December 7	SCC Meeting @ 6:30
December 23- January 4	No School Christmas Break
January 25-28	Grade 9-12 Exams
January 29	No School PD Day
February 1	Semester 2 Begins
February 1	Grade 10-12 Report Cards
February 15-19	No School February Break
February 26	Pink Shirt Day
March 1	No School PD Day
March 12	K-9 Report Cards
March 19	No School in lieu of Parent/Teacher Conferences
March 22	No School PD Day
March 24-25	Student-Parent-Teacher Conferences
April 2	No School Good Friday
April 5	No School Easter Monday
April 6-9	No School Spring Break
April 21	Grade 10-12 Report Cards
April 26	No School Pd Day
April 28	Secretaries & Admin. Asst. Day
May 10	No School PD Day
May 24	No School Victoria Day

June	23-28	Grade 9-12 exams
June	25	Last Day of Kindergarten
June	28	Last Day of School
June	29	PD Day
June	30	Grade K-12 Report Cards
June	30	PD Day

## STUDENT-PARENT-TEACHER CONFERENCES

While the format of conferences this year was quite different than usual, we still had 93% family participation!

Thank you so much to our parents and guardians for working with the staff at Eaton School to best support our students' learning.

Please remember to reach out to your child(ren)'s teacher(s) if you have questions or concerns in order to continue good communication.



#### CASUAL CUSTODIANS WANTED

#### Eaton School is looking for individuals who are interested in acting as substitute/casual custodians.

If this might be you, please go online to the Sun West School Division job application sight at the following link: <u>https://www.applitrack.com/sunwestsd/onlineapp/</u>. Under "External Applicants", you can "Start an application for employment" by clicking on that link. In your application, indicate that you are interested in acting as a substitute custodian at Eaton School. The Division will notify the School of approved substitutes.

If you have any questions, please contact Eaton School at (306) 967-2536.



From the Staff at

Eaton School





Prekindergarten to Grade 12 students wear their mask when they are:

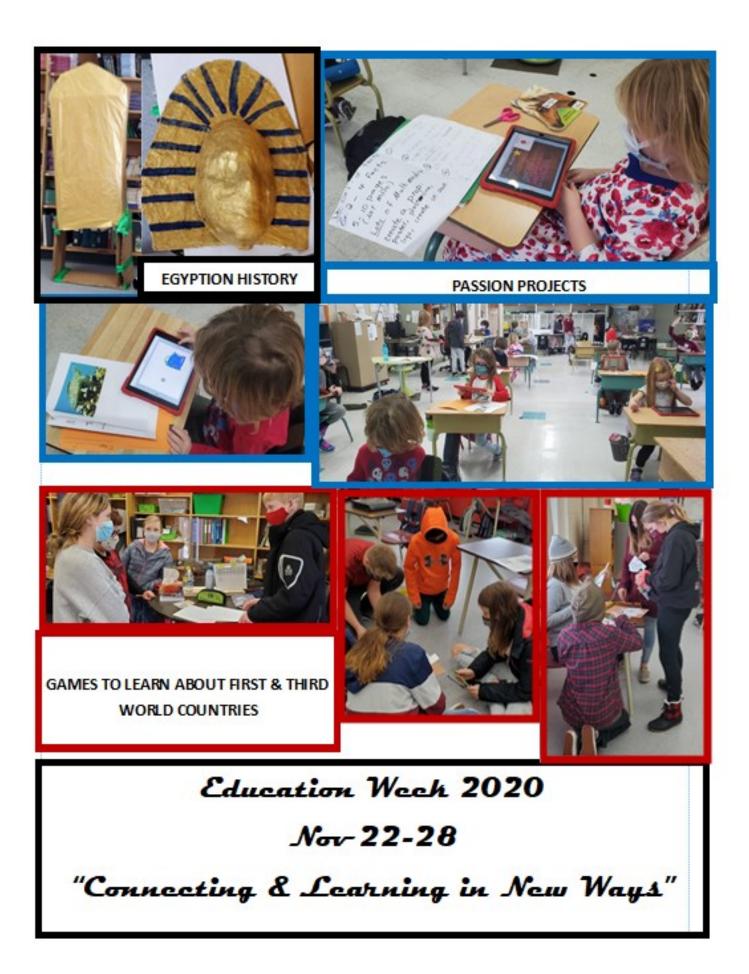
- On busses
- When they are inside the school

Prekindergarten to Grade 12 students may remove their mask when they are:

- Outside during recess if they maintain appropriate physical distancing during play
- During a mask break assigned by a teacher when physical distancing is maintained
- In extra-curricular activities when instructed by a teacher/coach and physical distancing is maintained

When I wear my mask properly, I am doing my part to keep my school, my family and my community safe.







PAINT POUR AS A MENTAL HEALTH STRATEGY



CAREER EXPLORATION









#### **ICE FISHING SHACK**





# snow much fun!

TE

K-6 Students are certainly enjoying all of the snow we have! Playing at recess is a ton of fun! But, it can also mean they get wet. Students should have an extra pair of dry mitts and an extra pair of dry socks in their backpack just in case.



## S.C.C. HEALTHY SNACK

Thank you to the Eaton School Community Council for providing students with Healthy Snack on November 26th!

Our students and staff appreciate the yogourt and granola bars :)



Eaton students and families are truly grateful for our very own bus drivers Dale Bredy,

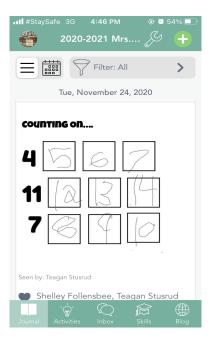


Ben Butt, and Sharon Steinke; as well as our substitute drivers Sarah Becker, Kevin Butt, and Samantha Francis!! You are the BEST!!

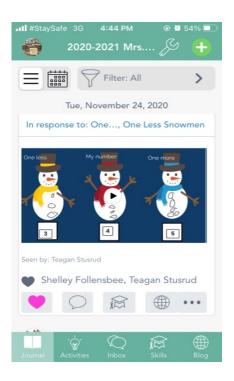


# Grade 1/2

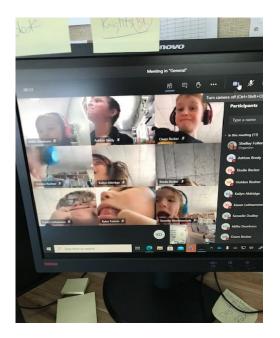
We are sharing our learning on virtual lesson on Teams. It has been so exciting to spark our learning on our technology tools. We are so grateful for the awesome book fair! So happy for Kailyn who won the free books in our class! Students work on activities on Seesaw at home or during the school day in the classroom. So proud of this hardworking class that always strives to do their best! You rock Grade 1 & 2! Mrs. Follensbee











# Grade 3/4

The Grade 3/4's have been having a wonderful November! We have been using gym class to enjoy the large snow drifts behind the school. We've been ice sculpting, building forts and slides, and exploring within the trees. In class we have been designing superheroes that take down cyberbullies and we've been learning how to use the program called Canva.







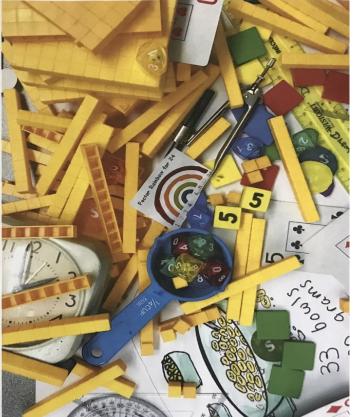
## Bredy's Bunch 5/6

We are so proud of these talented and amazing iSpy Books. We learned poetry, parts of speech and writing techniques! There are some talented writers!! Thanks to our gifted intern Ms. Bechtold! Please ask a Grade 5/6 to see their published writing. I Spy with my little eye, some future writers one can't deny!!

The World of Math ISpy By: Betty.G and Drew.H Welcome to the world of math! Every time Drew enters he feels the wrath. Betty is a girl who could do math all day long. She says, "if you struggle then sing a math song!" If you are good at finding math items, You will get better at math while you find'em!

Now it's time to find a RULER, That is cold, because it was in the cooler! Now find some *big* and *small* NUMBERS, They could be anywhere, beside, above, and even under I spy a purple *squished* SKITTLE, because he was in the middle!

Now don't get tired! find a shiny PROTRACTOR! Here's a little hint, it's by a rainbow factor! his morning I had a lot of cereal, exactly 2000 GRAMS! Uh oh! I forgot today's my math exam! Last but not least find a measuring cup, It's the end! Drew says "wat'sup." Betty say's GOOD BYE



#### I SPY

Here's something to calm you down; Just look around at what you found! Calm your mind down and be kind, So none of your thoughts are left behind Just be calm, then you'll find. That mindfuness isn't a waste of time!

Ispy a fluffy stuffy owl that only takes flight in the night .

Ispy putty that looks like a splatter,

because being mad doesn't matter

ispy a BUTTERFLY that used to fly,

Even in the sunny sky!

Ispy a teal massager ,

That doesn't make you sore any longer

Ispy colorful BEADS ,

That make you want to read

Ispy three purple CIRCLES with spikes,

That makes the OWL go yikes!

Ispy a sparkly fidget,

That has a double digit ! ne you had fun, don't be mad think twice;



ook.cffice.com/mail/inbox/id/AAMkAGY4MTFINjY0LTImODMtNGYyOS05N2I4LWEzNmM0NTUyZGJmNQBGAAAAAAA



ISpy By Kaylee and Shayla

It's a new school year, Let's spread some school cheer! There is a a big rainbow mess, On top of the teachers desk! This is making the students really upset! Maybe this desk needs a complete reset. Can you please help us clear this desk? It will make use feel very blessed.

Can you please find a teeny tiny tack, Be carefulit could attack! Now please find the sticky wicky red grippy, And the orange glue that is sticky. Also the blue snappy scissors, grannies blue yarn; And the green block that will get you to walk! The yellow chalk, Also some green white out that fell! Even the pink hand gel that will be sure to give you a delightful smell! Thank you for helping clear this desk, Cleanliness makes you truly blessed.

Welcome to the Kindergarten room; Where everyone <u>plays</u> and no one feels gloom! And in the middle of the night, Something happens that's quite a fright! The toys rise and head for the door, When they don't succeed they <u>throw</u> everything on the floor. Now it's time to <u>find</u> the toys.... But you have to keep down the noise!

> I <u>spy</u> with my *little* eye; A *tiny miniature* PIEI Even a *dirty blue* PONY **she's** up super high! Also, a *creepy* PHONE; And somewhere nearby is a *wooden* CONE? There's a MAGNAFYING GLASS, And I have to <u>pass</u>. A PIZZA slice, And a *large yellow* DICE! Look there's a *green* LEGO BRICK; That seems to be *slick*. Find a *little* PLATE, That I don't hate. Beside the DICE there's some BEADS; Find the WOODEN one to succeed.



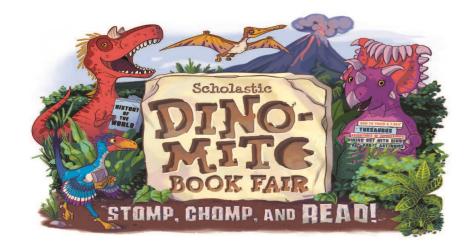


Covid-19 school poem Welcome to our school, It used to be so cool! Then came a virus, It resulted in a crisis. Covid-19 spread a lot of fear, Many people started to tear. This school year, will be harder than may it appears. I spy with my little eye, some hand sanitizer gel, Putting some on my hands makes them smell. I spy a blue disposable mask. Putting it on can be quite the task Many worries about these germs, Causes fright and lots of concerns. I spy my school supplies, Don't touch the supplies or you might get a sad surprise. I spy an orange wooden pencil, Don't touch that, or the silver serving utensil! I spy a random clear cup, Inside an unsanitized little pup. The Lysol wipes keep things clean, It's part of our new improved routine. Don't forget to sanitize the high touch area, Cause if you don't it may cause mass hysteria. Christmas this year was supposed to be in Arizona, But our vacation was ruined because of Corona.

# 2020 Book Fair

I would like to thank all the families and students who supported the in-school and virtual book fair. We got \$1000.00 in free books for the library.

Also a big thank you to every one who helped make this year's book fair a successful one!



## **Junior Girls Volleyball**

Well this certainly was an interesting year of junior girls' volleyball. Due to the COVID-19 pandemic, our volleyball season had to look a little bit different. Nevertheless Mr. Hoult, Mrs. Facca, and Miss Bechtold enjoyed working with the fine group of girls we had this year.

This year we had 15 girls on our volleyball team. They were: Brooklyn Hagan and Jade Swan in grade 9; Marike Bouvier, Addisyn Connolly, Ariel Donald, Peyton Foster, Dekiera Krentz, Addison Larock, Macy O'Connor, Kaylin Piasta, and Brooklyn Schmaltz in grade 8; and Taylor Aldridge, Madison Davis, Trista Kelly, and Rihanna McKenzie in grade 7. These girls all worked hard at practices and developed a strong set of volleyball skills.

Due to the need to maintain cohorts, we were unable to play other schools this year. However, due to the large number of girls we had on our team (as well as an Eaton School junior boys team from the same cohort), we were able to still get in some games by splitting the team into two and playing each other, and by playing the junior boys. These games were a lot of fun, and we were excited to be able to live stream them to parents.

Although this year presented some challenges due to global events, the coaches were glad to have such a great set of girls to work with. Our 15 players made this season a lot of fun and we would like to thank them for being such great sports. I am glad we were able to keep volleyball going this year, and when things are able to return to normal these girls will be a team to be reckoned with.



# Yearbook

Due to the COVID-19 pandemic, the 2019-2020 yearbook was not completed before the schools were all shut down in mid-March. As a result, this year's yearbook committee – despite only having three members - is working hard to complete both last years and this year's yearbooks.

The committee hopes to have last year's yearbook done in either late December or early January. When it is complete, we will send home an order form for anyone who wishes to purchase a copy.

The committee will also work on the 2020-2021 yearbook with the goal of having it ready for next fall. These timelines, however, may be impacted if the school's are once again closed due to the pandemic.

Thank you to Emma McLay, Ryanna Leslie, and Shawi Ronquillo for agreeing to work on these yearbooks. They are hard workers and are determined to get the job done.

# **SRC DRESS-UP SPIRIT DAYS**

#### December 10—Christmas Hat Day



December 14—Snow Day



**December 16—Christmas Sweater Day** 





December 22—Flannel Day





# **Build Your Self-Care Snowman**

Have a happy, healthy holiday season with these quick self-care tips.

#### Don't freeze people out

Spend time with people who love and support you.

#### Break out the ice skates.

Take time to exercise, even if it's just taking a spin around the rink!

#### Chill out.

Avoid overbooking yourself and don't feel guilty about making time for self-care.

# Moderate the merriment.

At all those holiday parties, eat and drink in moderation. Don't drink alcohol if you are feeling down.

# BE THE TO MAKE A DIFFERENCE

#### Get cozy.

Sleep is important -make sure you're getting enough of it. (But don't hibernate!)

# Alcohol

Alcohol has been known as a gateway drug. Gateway drugs are typically drugs that although legal introduce people to other drugs that are usually illegal and more addictive. Most individuals living with an addiction start with one or more gateway drugs such as nicotine, alcohol or marijuana.

• We live in an alcogenic culture, which means that alcohol accompanies almost everything we do. As a result, many youth will decide about their alcohol use by the time they graduate, even though it is illegal for them to drink.

- Alcohol is advertised as fun, a pain reliever, a cure for our problems and a way to fit in and be cool. What is not often discussed are the negative effects of alcohol such as addiction, hangovers, break-ups, anger, liver problems, mental health struggles, headaches, nausea and vomiting.
- In August 2020 abone, there were 379 impaired driving charges in Saskatchewan
- In 2019, 21 people were killed in impaired driving crashes in Saskatchewan

# Marijuana

Marijuana has been known as a gateway drug. Gateway drugs are typically drugs that although legal introduce people to other drugs that are usually illegal and more addictive. Most individuals living with an addiction start with one or more gateway drugs such as nicotine, alcohol or marijuana.

- Although marijuana has been legalized, this has not changed the effects of the drug
- Marijuana is made from cannabis sativa plant and contains cannabinoids
- THC is a cannabinoid that creates the feeling of a high
- The amount of THC in marijuana can vary and the amount consumed will drastically effect an individual user's experience
- Large amounts of THC can lead to over-intoxication
- The younger a person starts using marijuana and the more THC they consume, the more likely they are to become addicated

#### **ADDICTIONS AWARENESS WEEK**

#### NOV 22-28

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#Cham	-		

# Vaping

Vape juice contains nicotine, which has been known to be a gateway drug. Gateway drugs are typically drugs that although legal introduce people to other drugs that are usually illegal and more addictive. Most individuals living with an addiction start with one or more gateway drugs such as nicotine, alcohol or marijuana.

- The drug in vape juice, nicotine, is the same drug as in cigarettes, chewing tobacco, cigars and pipe tobacco
- Even if advertised as not containing nicotine, most vape juices contain nicotine
- Vape juices also contain food additives that while approved for eating are very harmful to breathe into one's lungs
- Most commonly used vape products are produced by the same companies that make cigarrettes
- Until the introduction of vaping, nicotine addiction among young people had significantly decreased
- Addiction to vaping is very similiar to addiction to smoking

# Poinsettia Pickup

Pickup for poinsettias will be Dec. 1st or 2nd depending on how late delivery is on the Dec. 1st . Pickup will be at 302 main street (old town office). Please contact Tosha McCubbing at (306)460-4779. We will be following COVID guidelines for pickup. Thank you for your continued support. The Eaton School Band parents



### Attendance at School during COVID – 19 - Students

#### Assess daily to determine if your child should attend school



If your child (student)	What to do:
has flu like symptoms including one, or	Stay home from school
more, of: • Fever • Cough • Headache • Sore throat • Runny nose • Chills	Contact the school to notify of your child's absence
	Testing is strongly recommended. Contact 811
Conjunctivitis     Nasal congestion	COVID Test Results:
Fatigue     Dizziness     Diarrhea     Nausea/vomiting	If negative test results, return to school and self-monitor.
Shortness of      Loss of appetite     breath	If positive results, remain at home while unwell and until cleared to return, following advice from Health.
<ul> <li>Difficulty</li> <li>Loss of sense of breathing</li> <li>taste or smell</li> </ul>	Medical documentation may be require to confirm fit to return to
breating and a set	school. (negative results, or other documentation)
has tested positive for COVID- 19.	Stay home from school and self-isolate for 14 days
	Contact the school to notify of your child's absence.
	(see COVID test results above)
lives with someone with symptoms of COVID-19 who is awaiting test results.	If there was <u>no</u> recommendation from Health to self-isolate, the student may attend school.
	If recommended to self-isolate, stay home from school and self- isolate for 14 days
	If negative test results (family member of individual in the home), return to work and self-monitor.
	If positive test results (other individual), testing for the student is strongly recommend - Contact 811 (see COVID test results above)
	If at home, self-isolating – Contact the school to notify of your child's absence.
is required to be tested, either due to	Stay home from school and self-isolate for 14 days
symptoms, prolonged close contact with another individual, or doctor's orders	Contact the school to notify of your child's absence.
and/or are awaiting results of testing.	(see COVID test results above)
has a come into close contact for a	If there was no recommendation from Health to self-isolate, the
prolonged period with a confirmed cased of COVID-19.	student may attend school.
cased of COVID-15.	Testing is strongly recommended. Contact 811
	If required to self-isolate for 14 days, stay home from school.
	Contact the school to notify of your child's absence
	(see COVID test results above)

has travelled internationally.	Stay home from school and self-isolate for 14 days Contact the school to notify of your child's absence.
	If symptoms, recommend testing. Contact 811. (see COVID test results above)
<ul> <li>has no symptoms, and:</li> <li>has been in casual contact with someone who may have been exposed to COVID-19.</li> <li>has been in casual contact with someone with symptoms of COVID-19.</li> <li>has been asked to self-monitor.</li> <li>has travelled outside of SK.</li> </ul>	Attend school. Self-Monitor for 14 days
has a medical condition that may require accommodation	Please contact the school principal.

This is a guide only; the specifics of each case will be assessed and at times may result in a different decision than indicated above.

#### Definitions:

<u>Self-Monitor</u>: monitor yourself for symptoms of respiratory illness, such as fever, cough, sore throat and difficulty breathing. Avoid crowded places and increase your personal space from others when possible.

<u>Self-Isolate</u>: stay at home, monitor yourself for symptoms for 14 days, avoid all contact with others and follow local public health authority advice.

<u>Close contact</u>: provided direct care to someone or had direct contact with infectious body fluids of a person without consistent and appropriate use of recommended PPE, lived with or had prolonged contact with a probable or confirmed case.

Casual contact: being in the presence of or having limited direct contact for minimal period/s of time.



Unfortunately, COVID-19 derailed the 2020 grad bottle drive usually held in April 😕 However, if you are still willing to donate bottles and cans to Eaton School's annual bottle drive, we have some options for you:

Option 1 – Wait for the 2021 bottle drive. If COVID restrictions are lifted and we are able to hold a bottle drive this spring, it will be held in April.

Cane a Bottles

**Option 2** – Donate to our virtual grad bottle drive. Eaton School has registered with SARCAN's drop and go program. To use it take your bottles to SARCAN and ask to use their drop and go system. You type our group's code (Eaton School) into the computer and it will print out labels for your bags of bottles. SARCAN will then ane a Bolflee count the bottles and donate the money to Eaton School.

Thank you for your continued support of Eaton School and our graduation exercises.

Please note: The bottle drive mentioned in option 1 will only occur if COVID safety restrictions allow for it. Student safety will be our top concern.

Please note: If you chose option 2, please make sure to remove the lids from the bottles and sort them as if you were normally taking recyclables to SARCAN as since we will not be handling them, we will not be able to do that as we usually do.

For a video on how the drop and go works, visit: https://youtu.be/PfyLhFR1crM

If you have any questions about the bottle drive, please contact Michael Hoult at Eaton School: 306-967-2536



Cane a Boliles







Cane a Bolflee



Cane a Bollios







lene a Bollies





Cane a Bottlee













## Success for all

#### BOARD OF EDUCATION HIGHLIGHTS

The Sun West School Division Board of Education held its regular meeting on Tuesday, November 24, 2020 and held its Organizational Meeting on November 17. At both meetings, all Board members either participated in person and observed physical distancing protocols or participated virtually via Microsoft Teams.

- At the Organizational Meeting, the current Chair, Karen Itterman (Subdivision No. 3), and the current Vice-Chair John Collins (Subdivision No. 6), were both re-elected to their positions.
- Three new members joined the Board at the Organizational Meeting and Committee assignments were made for the year. The new Board members are Michelle Brummund (Subdivision No. 1), Michele Whitfield (Subdivision No. 2) and Cara Nisbet (Subdivision No. 8).
- At the November 24 meeting, an auditor from the Chartered Accounting Firm of Close, Hauta, Bertois and Blanchette of Kindersley reviewed the 2019-20 audit with the Board. The independent audit demonstrated that Sun West remains on solid financial ground and continues to spend the vast majority of its funds on student instruction. The Independent Auditor's Report will be made public on the Sun West website in the near future once the Ministry of Education has accepted it.
- The Board also reviewed and accepted a preliminary version of Sun West 2019-20 Annual Report that will also be posted on the Sun West website once the Ministry of Education has accepted it.
- The Director of Education provided background and answered Board member questions on recent decisions to tighten health and safety protocols in schools, especially in regard to wearing masks and physical distancing requirements. He explained that changes were made to align Sun West with practices that are highly recommended by Saskatchewan's Chief Medical Officer in keeping with the significant increase in COVID-19 cases that Saskatchewan is currently experiencing.
- The Board set the annual Sun West Public Meeting for Tuesday, March 16, 2021. More details will be forthcoming.
- On November 25-26, Board members attended the Saskatchewan School Boards Association (SSBA) virtual Annual Convention and in preparation discussed the resolutions that were introduced at the meeting. These included resolutions related to Indigenous education, diversity, SSBA internal policies and the delivery of flu vaccines in schools.

The Next meeting of the Board of Education is scheduled for December 15, 2020.

For more information on the Sun West Board of Education:

Phone: 1 (866) 375-2677 (toll free) or 1 (306) 882-2677 Email: <u>info@sunwestsd.ca</u> Sun West website: <u>www.sunwestsd.ca</u> Join us on Facebook, Twitter and Instagram.