



2021

EATON CLIPPINGS

UPCOMING EVENTS

May	10	No School PD Day
May	24	No School Victoria Day
June	1	Senior Band Performance @ 6:30 p.m.
June	8	Gr. 7/8 Band Performance @ 6:30 p.m.
June	9	Gr. 5/6 Band Performance @ 6:30 p.m.
June	12	Grad
June	23-28	Grade 9-12 exams
June	25	Last Day of Kindergarten
June	28	Last Day of School

Reminder

**Watch out for students riding bikes
to and from school**



Name: _____

Bike Safety!

Directions: Use the words below to complete each sentence.

cars	both	helmet
hard	bright	small
tires	safe	right

Bicycle safety is important! Always wear a _____ to protect your head. _____ clothes are also good to wear because they help people see you better. Make sure your bike isn't too big or too _____. The _____ on the bike should be full of air. If they are flat, it will be _____ to ride.

Be sure to follow the rules of the road. Look _____ ways before you enter the street. Ride on the _____ side of the road. Pay attention and watch for _____ and other people.

Follow these rules to help you stay _____!

SCHOOL SPIRITS

SRC Spirit Days:

May 21 PJ Day



May 28 Tropical Day

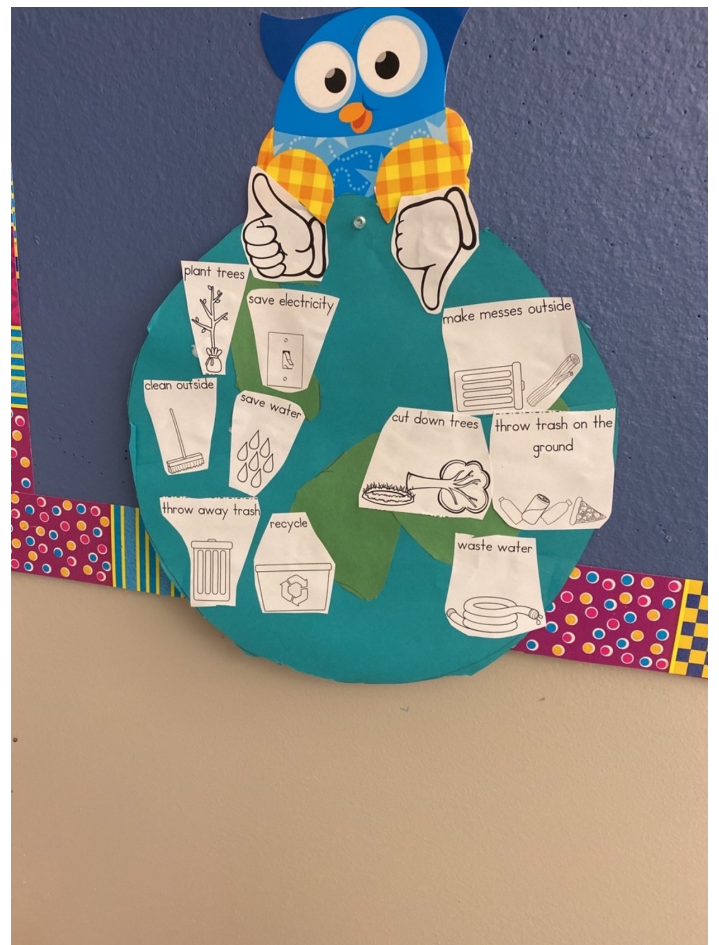


Kindergarten

The Kindergarten class have been hard at work celebrating Earth Day! They created their own Earth and have demonstrated they can sort good things to do to our Earth and not so good things to do to our Earth. Here are some photos of some students picking up garbage and some photos of their Earths:



Kindergarten



Grade 1 & 2 happenings!!

Grade 1/2's re feeling the spring vibes in their art project. Students created kindness cards using medium, masking fluid, for local people.

The class used their tech skills to use stop motion to prepare fun ways to teach about the 3 R's!





A SPARTAN WELCOME

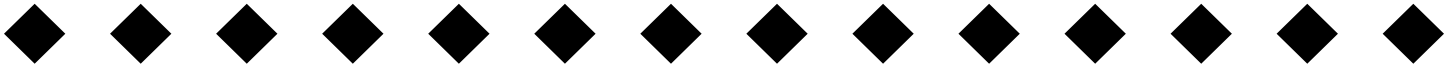
to

Miss Cheyanne Buttar

and

Miss Janay Schmaltz!

Miss Buttar and Miss Schmaltz are second year education students from the University of Saskatchewan who will be guests at Eaton School and Mrs. Follensbee's Gr 1/2 class from May 3-14. We look forward to having them join us!



**The GSA would like to thank everyone for their support of our GSA T-shirt fundraiser.
We appreciate your support!**



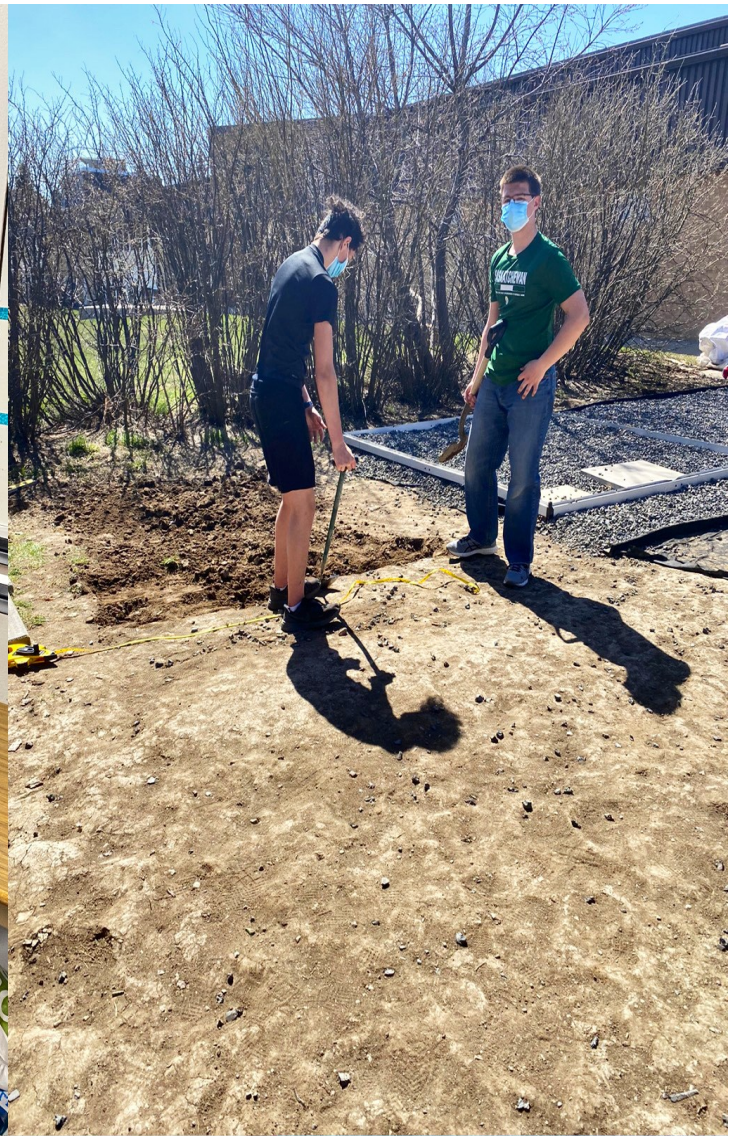
Grade 3/4

Grade ¾ have been loving our time outdoors. We collected garbage for earth day, we planted flowers and vegetables for our garden beds, we have been playing in the sand, and exploring the outdoor classroom. We can not wait to see what May brings!



BREDY'S BUNCH

Spartans Grades 1-6 and 9 celebrated earth day with an outdoor clean up. They worked together and cleaned up the Town of Eaton and The Outdoor Classroom!



BREDY'S BUNCH



IMPORTANT BAND INFORMATION

This year, with COVID restrictions, the band students are embarking on a new journey for us; however, they are bringing back a former tradition of Eaton school! Band students will be trying their hand at Marching Band! There will be three separate evenings of Marching Band, as to keep the cohorts apart. Keep your eyes peeled for future information, as Ms. Whitell will be sending out the route ahead of time so families can sit on their front lawns or possibly watch from vehicles or chairs on Main Street. The evenings for the groupings are as follows:

Senior Band (9-12s): June 1st @ 6:30pm

Gr. 7/8 Band: June 8th @ 6:30pm

Gr. 5/6 Band: June 9th @ 6:30pm



There will not be alternative dates, if the weather is bad, students will perform their piece at the school, and it will be recorded for families and friends to watch!



Grad Bottle Drive

The Eaton School Graduates and Grade 11 students would like to give a huge thank you to the community for the tremendous support of their bottle drive.

It was a huge success!!

We are sorry if we missed you. If we did, please let us know and we will be sure to get there next time!



A special thanks to Eaton School Staff for their help, Wally Maggrah for the use of his trailer and getting the bottles to Eaton for us, and GMACs for the bags.

A Spartan Shout Out to Mr. Hoult for the amazing job of organizing and keeping everything running smoothly!

See you all next year!

Past, Present & Future
Spartan Favourites



Eaton School -
Home of the Spartans
Celebrating Etonia's 100th Year
Eaton School Community Council 2020

Eaton School Community
Council

Centennial Cookbook

**NOW
AVAILABLE!**

Pick up your copy of this
collection of Spartan Favorite recipes
in celebration of Etonia's Centennial.

TUESDAY, MAY 4th

3:00-7:00pm

Kitchen on Main Street
between the Co-op Grocery Store
and the Fitness Center

Coming May 17th-31st...

EATON SCC Family Fun Challenge!!

The School Community Council is once again reaching out to Eaton School Families to engage our students, their parents, siblings, grandparents, family and friends in a

Scavenger Hunt!

Using the Goosechase App,
families will take part in the fun by completing a number of challenges.
There will even be prizes!

Watch for details to be sent home early this month!

Watch us Dab

Need for Speed

Flower Find

Bored Games

Family Movie Night

Look-a-Like!

Good Samaritan

and more!!

SUN WEST VIRTUAL P.A.R.T.Y. PROGRAM

Thursday, May 20th

Each year, Sun West students have the opportunity to participate in the P.A.R.T.Y. Program (Prevent Alcohol and Risk-Related Trauma in Youth). This year, Eaton Grade 10 & 11 students will join virtually for a variety of live presentations, pre-recorded video presentations, classroom activities and individual device interaction. The P.A.R.T.Y. Program is an injury prevention program aimed at teens. The purpose is to help educate youth about the consequences of poor decision-making in relation to risk-taking behaviors such as drinking and driving, texting and driving, not wearing a seat belt, and/or not wearing protective gear for high risk physical activities (i.e. snowboarding, skateboarding, snowmobiling, ATVing). Organizer Liza Dahl's goal is to make this day interactive, exciting, interesting, and impactful.



CONTRACT FOR LIFE

By sharing this, I **pledge** to call someone for advice and/or transportation:

- at any hour
- from any place
- in any situation

where I feel uncomfortable, unsafe, impaired or I am with someone who is in a similar condition.



take the pledge at
partyprogram.com



SPARTAN SENSORY PATHS!



Having Sensory Paths to hop, leap, spin, jump, twirl, trace and breathe helps give our Spartans body breaks and opportunities to improve their mindset and mental health! Students and Staff are loving them!!



ALPHABET HOP



OSAC – Bringing the Arts to You
Performing Arts in Schools Spring 2021 Virtual Tour
Axis Theatre (BC) presents

Th'owxiya: The Hungry Feast Dish - The Film by Joseph A. Dandurand

<https://www.axistheatre.com/thowxiya-the-film>

Immerse yourself in the legend of the basket ogress, Th'owxiya, an old hungry spirit that inhabits in a feast dish full of bountiful delicious foods. This Kwantlen First Nations tale follows a sly Mouse (Kw'at'el) who is caught stealing cheese from this feast dish. To appease an angry Th'owxiya, Kw'at'el embarks on a journey to find two children for the ogress to eat, or else! Come enjoy the traditional Coast Salish and Sto:lo music, masks, and imagery while learning how Raven (Sqeweqs), Bear (Spa:th), and Saquatch (Sasq'ets) trick a hungry spirit and save Kw'at'el and their family from becoming the feast!

Link to video clip, description, photos, testimonials: <https://www.axistheatre.com/thowxiya-the-film> This will be made available to schools for a two-week period from April 12-June 18 so that it be streamed into individual classrooms, as well as accessed remotely for those teachers and students who are working remotely.

In 2019/20, the School Touring Program presented 46 performances and one 1-day juggling residency representing the following disciplines: Juggling, Improv Theatre, and issue based theatre for middle and high school audiences. Total audience numbers were 11,719. There were three tours, involving 53 schools and traveling to 31 communities through out the province. Lead teachers in each school contributed approximately 61 non classroom hours to coordinate these presentations.

OSAC celebrated 50 years as an organization in 2018 and has nurtured the traditions of presenting excellence in the performing arts for adults, children and family audiences in various genres and disciplines **OSAC** annually presents over 300 live community and school performances, attended by a total audience of approximately 75,000. This is possible because of a dedicated network of volunteers committed to making culture an integral part of Saskatchewan community life, and vital funding from **Saskatchewan Lotteries, SaskCulture** and **Canadian Heritage**. **Saskatchewan Lotteries** benefits more than 12,000 sport, culture, and recreation organizations around the province. Each year 600,000 people participate in programs and from activities initiated by these organizations, over \$1 billion of economic activity is generated, and 23,000 jobs are sustained.



MENTAL HEALTH AND COVID-19: WHAT ADULTS AND CAREGIVERS ARE EXPERIENCING AND WHAT THEY CAN DO

Canadian adults and caregivers have been experiencing increased anxiety, depression, stress, and overall lower perceived mental health. This has been especially apparent in women.

Strategies

Be Kind to Yourself

Practice self-care and take care of the mind, body, and spirit. Carve out times to relax and reflect.

Seek out Support

Speak frequently to someone trusted about feelings. Keep connected to others and do not be afraid to ask for support when needed.

Balance

Caregivers have been experiencing increased responsibilities. Balance stressful situations with participating in enjoyable and/or relaxing activities. Reduce expectations.

Be the Example

Caregivers being kind to themselves will be beneficial for their mental health as well as the mental health of the children they care for. Children will be looking to their caregivers to show ways to cope and proceed despite stressful circumstances.

PSYCHOLOGICAL FIRST AID: PART 1

It is important to recognize the symptoms of psychological discomfort in children during COVID-19. Psychological First Aid (PFA) is an acute intervention for the alleviation of stress for children. The Model - Listen, Protect, Connect, Model, and Teach - is one example of PFA most commonly used by teachers, but applicable for all.

LISTEN CLOSELY

- Listen deeply to the concerns of children and youth.
- Ensure they feel heard, and believed.
- Legitimize what they are saying.

PROTECT

- Re-establish a sense of safety for the child and provide correct information about COVID-19.
- Regularly converse. Avoid unknown situations and adults

CONNECT

- Support children in staying virtually connected to their peers, family, and support workers to cope with isolation.
- Create moments of togetherness

TEACH AND MODEL

- Educate children and others on ways to support positive mental health.
- Ensure they know a little bit of stress is normal, and recognize when they may need additional professional support.
- Set an example to show that adults are coping during this time, despite any stress that may be felt.



Child Trauma
Research Centre
UNIVERSITY OF REGINA



Faculty of
SOCIAL WORK



SHRF
SASKATCHEWAN
HEALTH RESEARCH
FOUNDATION



CIHR IRSC



SUN WEST
SCHOOL DIVISION

Success for all

BOARD OF EDUCATION HIGHLIGHTS

The Sun West School Division Board of Education held its regular meeting on Tuesday, April 27, 2021 in Rosetown at the Sun West Learning Centre. Board members who participated in person were physically distant while others participated virtually.

Matters discussed by the Board included:

- The Board reviewed and discussed legislation and policies surrounding School Community Councils (SCCs). Board members stressed the important role that SCCs play in helping the Board and schools reach their educational goals and objectives.
- Plans are progressing for a virtual SCC Workshop that will be open to all SCC members and that will take place on May 26. More details will be forwarded to SCCs in the coming days.
- The Board reviewed the preliminary 2021-22 Sun West budget and the input received from the public, staff, and students during the budget consultation process. Next steps in the budget adoption process will include a review by the Board Audit Committee, consultation with stakeholders groups and final approval by the Board of Education prior to the budget being submitted to the Ministry of Education by June 30th for their approval.
- The Board discussed a request for feedback by the Saskatchewan School Boards Association (SSBA) regarding proposed changes to the membership and fee structure of the SSBA. The Board will extend an invitation to Ken Kosolofski, External SSBA Chair for Executive Composition, Membership fees and Voting Review to meet with the Board virtually to explain the proposed changes.

The next regular meeting of the Board of Education is scheduled for May 25. For more information on the Sun West Board of Education:

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